

	v are you ng today?			 	
Thi	ngs you are				
	eful for :	<u>I.</u>		 	
		2.			
		3.			
Today's affirmations :					
2.6	1 1 .				
Му	mood today is	•			
0	Calm	0	Rested	0	Creative
0	Нарру	0	Angry	0	Sad
0	Anxious	0	Playful	0	

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:

NOTES:



00000000

"You are magnificent beyond measure, perfect in your imperfections, and wonderfully made."

—Abiola Abrams